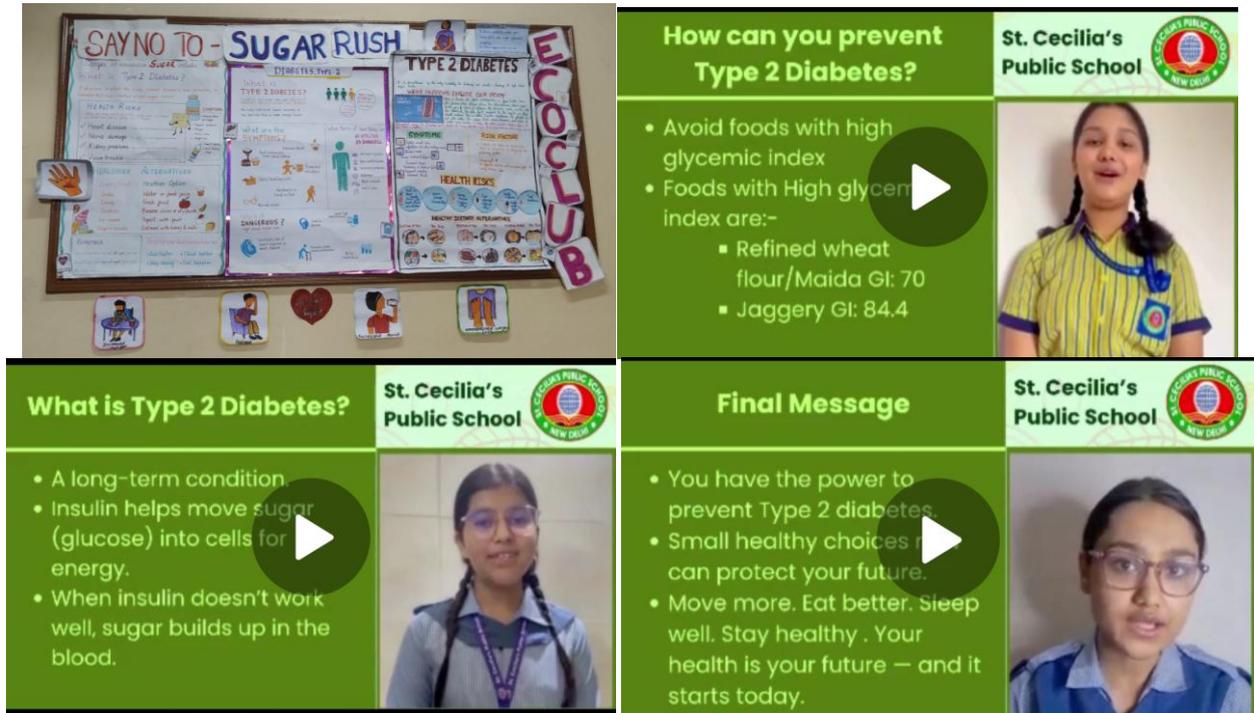


St. Cecilia's Public School
AWARENESS CAMPAIGN TO PREVENT TYPE 2 DIABETES IN CHILDREN
AND
ESTABLISHMENT OF 'SUGAR BOARD'
FOR CLASSES I TO XII



In Compliance with CBSE/ACAD/DS(MS)/2025 Circular No. : Acad – 26/2025 (Dated 14.05.2025) regarding Monitoring and Reducing Sugar Intake Among Children, Eco Club of St. Cecilia's Public school initiated an Online Awareness Campaign on 'Prevention of Type 2 Diabetes, especially in Children' in the month of July. The Video Campaign prepared by students strengthened as the Eco warriors was posted in the official what's App groups for all the classes I to XII to spread the message far and wide.

This initiative was headed by the National Commission for Protection of Child Rights (NCPCR) , a statutory body formed under section (3) of the Commission for Protection of Child Rights (CPCR) Act, 2005 . The cited circular stated that over the past decade, there has been a significant increase in Type 2 Diabetes among children , a condition once primarily seen in adults. This alarming trend is largely attributed to high sugar intake , often due to the easy availability of sugary snacks, beverages and processed foods. The excessive consumption of sugar not only increases the risk of diabetes but also contributes to obesity, dental problems and other metabolic disorders, ultimately impacting children's long term health and academic performance.

In view of the above, Eco warriors also set up a 'Sugar Board' where information was displayed for educating students about the risks of excessive sugar intake. This boards aimed to provide essential information including the recommended daily sugar intake, the sugar content in commonly consumed foods , health risks associated with high sugar consumption and healthier dietary alternatives. Both the Online Awareness Campaign and Sugar board aimed to educate students about informed food choices and promote long term health benefits among students. Madam Principal and all the teachers motivated the students for deep rooted success of the Campaign.